Show Up Alone

Show up alone.
Leave a regular.

A **free** list of groups in Utah County that meet on a regular schedule and welcome people who come by themselves.

ON THE LIST

- Dance nights with a beginner lesson
- Library game days
- Book clubs
- Community bands and orchestras
- Quilting groups
- Public speaking clubs
- Volunteer shifts
- Senior centers

Point your phone camera here, or go to

showupalone.com /utah-county

1. Pick one
Find something that meets every week.

2. Go alone
No partner, team or experience needed.

3. Go back
By the third visit, people know your name.

Lehi and American Fork to Provo, Orem and Payson

Free. No ads. No sign-up. Made in Ogden, Utah.

Free list of local groups showupalone.com /utah-county
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