Show Up Alone

Show up alone.
Leave a regular.

A **free** list of groups in Salt Lake County that meet on a regular schedule and welcome people who come by themselves.

ON THE LIST

- Group runs and hikes
- Book clubs
- Dance nights with a beginner lesson
- Chess and board game nights
- Knitting and craft circles
- Writing groups
- Volunteer shifts
- Senior centers

Point your phone camera here, or go to

showupalone.com /salt-lake-county

1. Pick one
Find something that meets every week.

2. Go alone
No partner, team or experience needed.

3. Go back
By the third visit, people know your name.

Salt Lake City to Sandy, Draper and Herriman

Free. No ads. No sign-up. Made in Ogden, Utah.

Free list of local groups showupalone.com /salt-lake-county
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